BRIGHT BITES KITCHEN @ Guam Headstart

OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
nutrislice  Scan to download the Nutrislice app from the App Store	Download our App for current menu information including nutritional details and allergens	nutrislice  Scan to download the Nutrislice app from the Google Play Store	1 Breakfast Croissant w/ Cheesy Eggs Lunch Bistek & Rice Snack Fresh Fruit	2 BreakfastMini Pancakes Lunch Cheesy Breadsticks w/ Marinara Snack Scooby Snacks
All Meals meet USDA nutritional requirements for healthy, hunger free children				
5 Breakfast Muffin Lunch Corn Dog & Smile Fries Snack Graham Crackers	6 Breakfast Sausage & Cheese Breakfast Burger Lunch Beef Nachos w/ Cheese Sauce Snack Fresh Fruit	7 Breakfast French Toast Sticks Lunch Chicken Alfredo Baked Pasta Snack Cereal Bar	8 Breakfast Ham & Cheese Croissant Lunch Chicken Drumstick & Red Rice Snack Fresh Fruit	9 Breakfast Cheesy Scrambled Eggs w/ Rice Lunch Cheese Pizza Fruit & Vegetable Snack Scooby Snacks (a Graham treat)
White milk comes with every meal and snack				
12 BreakfastCold Cereal Lunch Salisbury Steak w/ Rice Snack Graham Crackers	13 Breakfast Sausage & Cheese Breakfast Sandwich Lunch Chicken YakisobaPinto Beans Snack Fresh Fruit	14 Breakfast Breakfast Pizza Lunch Cheese Burger Potato Wedges Snack Cereal Bar	15 Breakfast Croissant w/ Cheesy Eggs Lunch Beef Bulgogi & Rice Snack Fresh Fruit	16 Breakfast Mini Pancakes Lunch Cheesy Breadsticks w/ Marinara Carrots & Ranch Snack Scooby Snacks
Breakfast comes with Fruit and Lunch is served with Fruit and Vegetables				
19 No School Parent Teacher Conferences	20 Breakfast Ham & Cheese Breakfast Sandwich Lunch Beef Nachos w/ Cheese SauceBlack Beans Snack Fresh Fruit	21 Breakfast French Toast Sticks Lunch Pasta w/ MeatballsSalad Snack Cereal Bar	22 Breakfast Sausage & Cheese Breakfast Burger Lunch Eggless Loco Moco w/ Rice Snack Fresh Fruit	23 Breakfast Local Cinnamon Roll Lunch Popcorn ChickenMashed Potatoes & Gravy Snack Scooby Snacks
We offer a variety of Fruits and vegetables throughout the week				
26 Breakfast Cold Cereal Lunch Breaded Chicken SandwichPotato Wedges Snack Graham Crackers	27 Breakfast Sausage & Cheese Breakfast Sandwich Lunch Chicken Nuggets w/ Rice Snack Fresh Fruit	28 Breakfast Breakfast Pizza Lunch Hot Dog Pork & Beans Snack Cereal BAr	29 Breakfast Croissant w/ Cheesy Eggs Lunch Bistek & Rice Snack Fresh Fruit	30 Breakfast Mini Pancakes Lunch Cheesy Breadsticks w/ Marinara, Cheetos Snack Scooby Snacks

9/15/26

This institution is an equal opportunity provider